

## Hand/Foot

### Turkey

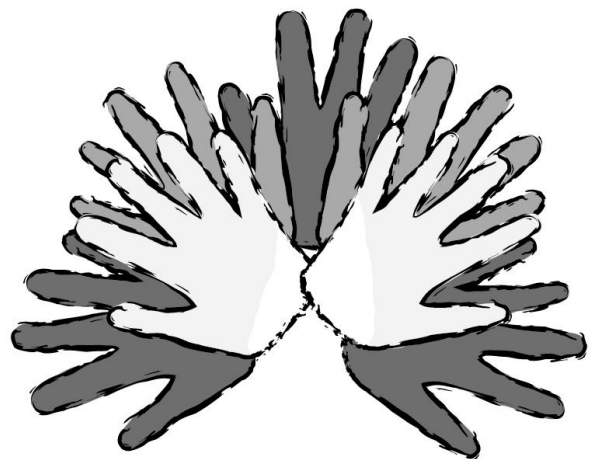
This is a popular Thanksgiving activity for children that can be done a variety of ways. Below are just some suggested ways of doing it.

#### Materials needed:

- Hands
- 1 shoe
- A pencil or pen
- Glue
- Finger paint (Optional)
- Plates or shallow bowls (If using finger paint)
- Coloured pencils (Optional)
- Sheets of paper (Coloured if not using paint or coloured pencils)

#### If using finger paint:

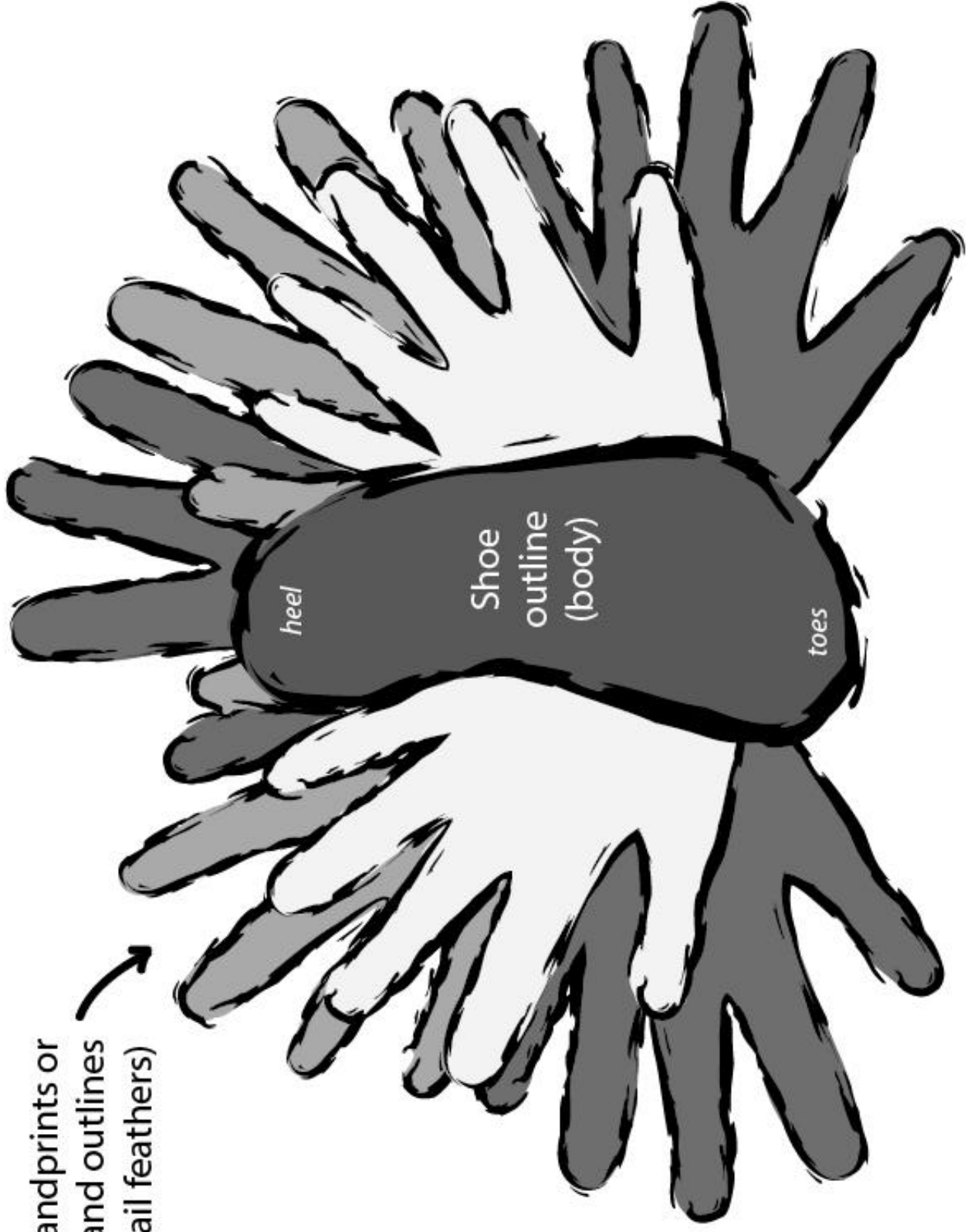
- 1 Prepare several colours of finger paint each in a separate bowl/plate that is large and shallow enough for the child's entire hand. Also prepare one bowl of water for washing hands and one white sheet of paper.
- 2 Have the child place both hands in a bowl (or bowls) of paint making sure that the entire hand is covered.
- 3 Have an adult guide one of the child's hands at a time to the paper and press it firmly onto the paper. Repeat with the other hand and then wash off the hands. The prints should be arranged similar to the picture.



- 4 Repeat Step 3 using different colors until the tail is finished.
- 5 On a separate sheet of paper, have the child trace the outline of their shoe with a pencil or pen and then colour it in.
- 6 Cut out the shoe outline and glue it in the center of the handprints with the toe pointing down.
- 7 Once the paint and glue have dried, draw a face and legs onto the body (shoe outline) of the turkey.

**If using coloured pencils/coloured paper:**

- 1 Have the child trace his/her hand several times on sheets of paper using a pen or pencil.
- 2 If using white paper, have the child colour in the hand outlines different colours using coloured pencils. Skip to Step 3 if using coloured paper.
- 3 Have the child cut out each of the hand outlines and set them aside.
- 4 On another sheet of paper, have the child trace his/her shoe with a pen or pencil.
- 5 If using white paper, have the child colour in the shoe outline. If using coloured paper, go to Step 6.
- 6 With the toe of the shoe outline pointing down, have the child draw on the turkey's face just below the heel, then cut out the outline.
- 7 On a blank sheet of paper, have the child arrange the hands in the shape of the turkey's tail (see image above). Once the child is happy with the positioning, glue down all of the hands.
- 8 In the center of the hands glue down the shoe (body), then have the child draw legs at the bottom.



Handprints or  
hand outlines  
(tail feathers)

heel

Shoe  
outline  
(body)

toes